

**APPIES** 

### WONTON SOUP

**\$11** 

Pork wontons with carrots, onions, garlic and ginger in a fragrant chicken broth with a sweet chili sauce on the side.

### WESTCOAST SEAFOOD CHOWDER \$18

Salmon, prawns, scallops, clams, served with garlic focaccia.

### POUTINE SMALL \$10 REGULAR \$13

Fries, cheese curds and gravy. LOAD IT UP! Add bacon, fried onions, sour cream, and shredded cheddar & mozzarella cheese. \$4

### NACHOS 🚺 PERSONAL \$16 TO SHARE \$21

House fried corn tortilla chips topped with onions, tomatoes, banana peppers, kalamata olives, shredded cheddar & mozzarella cheese. Served with salsa and sour cream. Add guacamole SM \$3 LG \$5 Add pulled chicken or ground beef \$7

### **OUESO WAFFLE FRIES**

Crispy seasoned waffle fries served with a cheesy house made queso dip.

### **CHICKEN WINGS**

Crispy fried chicken wings tossed in a choice of BBQ, teriyaki, honey garlic, sweet chili, or hot sauce.

### DRY RIBS

Fried rib bites served with sweet chili sauce.

### LETTUCE WRAPS

Choice of chicken breast or ground beef, onion, carrot, garlic, and ginger in teriyaki sauce topped with wonton crisps, cilantro and green onions. Served with crisp iceberg lettuce, and sweet chili sauce.

### **CREOLE PRAWN GRATIN**

Sauteed prawns in spices with onions, garlic, corn, and tomatoes, topped with melted mozzarella and parmesan and served with garlic toast.

### SPRING ROLLS 🚺

Vegetarian spring rolls served with plum sauce.

### BRUSCHETTA FOCCACIA MELT 💟

Diced tomato, red onion, olives, garlic, basil and mozzarella baked on focaccia and finished with balsamic reduction.

# SALADS

### SIDE \$9 FULL \$14

Crisp romaine, garlic croutons, with Caesar dressing topped with parmesan and chopped bacon.

### SEARED CHICKEN SRIRACHA SALAD **\$21**

Mixed greens, grilled chicken breast, carrot, red and green cabbage, cucumber, red onion, tomato, and shredded cheddar in a creamy sriracha honey dressing and finished with a lime and wonton crisps.

### **TUNA NICOISE SALAD**

**CAESAR SALAD** 

\$29

Seared tuna, green beans, hard boiled egg, kalamata olives, tomato, mixed greens, herb vinegarette.

# WRAPS & SANDWICHES

Served with your choice of fries, soup, garden salad or caesar salad. Upgrade your side to yam fries, waffle fries, poutine, or onion rings, \$4

### CLUBHOUSE

Grilled chicken breast, crispy bacon, lettuce, tomato, and mayo on your choice of bread.

### CLASSIC BEEF DIP

\$20

\$23

Thinly shaved slow roasted beef, honey Dijon herb aioli, crispy onions, on a garlic buttered ciabatta bun with au jus.

### PHILLY CHEESE

Thinly shaved slow roasted beef sauteed with BBQ sauce, onions, peppers, mushrooms, covered in mozzarella, on a garlic buttered ciabatta bun.

### **CALI CHICKEN WRAP**

\$21

\$23

Crispy chicken and guacamole with crispy bacon, lettuce, cucumber, red onion, tomato, mozzarella tossed in ranch dressing, wrapped in a warm flour tortilla.

### **STEAK SANDWICH**

\$29

6oz striploin charbroiled, on garlic focaccia, mixed greens, cherry tomatoes, sauteed onions, and honey Dijon herb aioli, topped with a lemon herb and garlic compound butter.



All prices subject to applicable taxes. If you have a food allergy, please notify your server. We care about your well-being, however, we cannot guarantee that there will not be cross-contamination between items. Food prepared in our restaurant is processed in a kitchen that includes common allergens, including milk, eggs, wheat, soy, fish, peanuts and tree nuts.

## \$18

\$13

## \$14



\$18

\$8

\$17



## BURGERS

Served with your choice of fries, soup, garden salad or caesar salad. Upgrade your side to yam fries, poutine, or onion rings, \$4

WELL BURGER

\$21 The classic burger topped with bacon, BBQ sauce, mozzarella, and crispy onions with lettuce, tomato, sriracha honey mayo and a dill pickle.

### **CLASSIC BURGER**

6oz beef patty and house seasoning on a warm brioche bun with lettuce, tomato, onion, mayo, and a dill pickle.

### **QUESO SMASH BURGER**

Onion and beef smashed on the flat top, in a toasted brioche bun with lettuce, tomato, sriracha honey mayo, and a bowl of warm queso for dipping.

### SPICY CRISPY CHICKEN

Crispy fried chicken breast, onions, banana peppers, sriracha honey slaw and dill pickles on a warm brioche bun.

### WELL CHICKEN BURGER

Grilled 6oz chicken breast with bourbon bacon jam and mozzarella on a warm brioche bun with lettuce, tomato, onion, pesto mayo, and a dill pickle.

## VEGGIE BURGER 🚺

Sauteed onions, peppers, mushrooms and garlic on a black bean patty topped with melted mozzarella and balsamic reduction on a warm brioche bun with lettuce, tomato, pesto mayo, roasted red pepper sauce and a dill pickle.

# DESSERTS

### **NY CHEESECAKE**

Classic baked cheesecake with fruit compote and whipped cream.

### **BAILEYS CRÈME BRULE**

Rich creamy baileys custard with hard caramel top with whipped cream.

### WARM BROWNIE SUNDAE

2 scoops of ice cream, warm chocolate brownie, strawberry sauce and whipped cream.

# MAINS

### **CHICKEN TACOS**

\$18

\$19

3 soft tortillas with pulled Cajun chicken breast, lettuce, tomato, guacamole, cumin lime crème, pickled red onion and cilantro. Served with tortilla chips and salsa.

### **CHICKEN QUESADILLA**

Grilled chicken, bell peppers, onions, cheddar & mozzarella cheese, and spices in a flour tortilla. Served with salsa and sour cream.

**FISH & CHIPS** 

### 1PC \$16 2PC \$20

Golden beer battered rockfish, with fries, coleslaw and tartar sauce.

### MEATBALL LINGUINI

\$22

\$17

\$22

\$38

Sauteed onions and peppers with house made meatballs in marinara and pesto sauce. Topped with mozzarella, parmesan cheese and green onions. Served with garlic focaccia.

### **GARLIC PARMESAN LINGUINI**

**\$18** Sauteed onions and garlic, white wine ,heavy cream and parmesan tossed with linguini. Topped with more parmesan served with garlic focaccia.

Add chicken or prawns \$7

### **MUSHROOM CHOWMEIN** \$16

Sauteed mushrooms, onions, garlic, ginger, carrots, cabbage, noodles and soy sauce. Topped with green onions. Add chicken or prawns \$7

## VEGETABLE STIRFRY 🚺

Sauteed onions, garlic, ginger, celery, carrots, and broccoli, red peppers, and cabbage in a teriyaki sauce served over basmati rice.

Add chicken or prawns \$7, Sub noodles \$2

### **GINGER BEEF & BROCCOLI**

Sauteed onions, garlic, ginger, tender beef, broccoli, in a tangy hoisin sauce served over noodles.

### **NY STEAK & PRAWNS**

60z striploin charbroiled with sauteed garlic prawns. Served with house vegetables, and your choice of basmati rice, mini roast potatoes, or fries.



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\$17

\$22



\$19

\$12

\$10

\$12

\$22

